

**BTEC
INTERNATIONAL
LEVEL 3 IN**

**SPORT
DEPORTE**



**MONTESSORI
BRITISH**



**Pearson
Edexcel**

Approved Centre

MONTESSORI BRITISH

Introduction

The Pearson Edexcel BTEC Level 3 Sport qualification is designed for students interested in developing their knowledge and skills in sport.

This programme offers a balanced combination of theory and practice, allowing students to gain a deep understanding of various aspects of sport, physical activity and sports management.

Qualification to develop a professional career

Available at Level 3, the BTEC Sport offers students the opportunity to explore and develop their knowledge and skills in sport and physical activity.

This qualification provides you with a solid foundation in sport theory and practice, promoting critical thinking, collaboration and an appreciation of the importance of sport in health and wellbeing. It is an ideal programme for those wishing to pursue a career in sport-related fields, as well as those wishing to develop transferable skills in the professional arena.

Montessori British offers this Pearson Edexcel qualification to be taken online or at our in-person centre (UK or Spain), where we have an Erdkinder or Montessori residence, with very limited places.

In our residences we combine the academic part and technical training in the discipline with the acquisition of practical life skills, to promote independence, initiative, creativity and human values.

Transferable skills

In recent years, higher education institutions and employers have consistently highlighted the need for students to develop a range of transferable skills that will enable them to respond confidently to the demands of university studies and the world of work.

The Organization for Economic Cooperation and Development (OECD) defines skills or competencies as "the set of knowledge, attributes and abilities that can be learned and that allow individuals to successfully and consistently perform an activity or task and that can be developed and expanded through learning."

Cognitive, intrapersonal and interpersonal skills are developed along with reading, writing and calculation skills.

The competencies have been interpreted for this option to ensure that they are appropriate for the subject. All competencies listed are evident or accessible in the teaching, learning and/or assessment of the qualifications.

These transferable skills that we develop together with the technical content are classified as: cognitive, intrapersonal and interpersonal.

Within the COGNITIVE skills, we have:

- Cognitive Strategies and Processes
 - Critical thinking
 - Troubleshooting
 - Analysis
 - Reasoning/Argumentation
 - Interpretation
 - Decision making
 - Adaptive learning
 - Executive function
- Creativity
 - Inventiveness
 - Innovation

On the other hand, we have the INTRAPERSONAL skills:

- Intellectual Openness
 - Adaptability
 - Social and Personal Responsibility
 - Continuous Learning
 - Curiosity
 - Intellectual Interest
- Work Ethic/Self-Awareness
 - Initiative
 - Self-management
 - Responsibility
 - Perseverance
 - Productivity
 - Metacognition
 - Ethics
 - Integrity
- Intrinsic Motivation
 - Self-assessment
 - Self-reinforcement
 - Life Purpose
- And finally, the INTERPERSONAL skills we work on are:
 - Teamwork and Collaboration
 - Communication
 - Collaboration
 - Agile Model
 - Cooperation
 - Interpersonal Skills
 - Empathy/Perspective taking
 - Negotiation
 - Leadership
 - Responsibility
 - Assertive Communication
 - Self-image

Comprehensive education

The study of sport has a significant impact on students, as it promotes and fosters a number of core values, based on the Pearson Edexcel Level 3 BTEC Sport values. Below are some key aspects of how the study of sport impacts students, based on these values.

1. **Health and well-being:** The study of sport fosters the importance of physical and mental health and well-being in students. Through participation in sporting activities and learning about exercise physiology and sports nutrition, students develop healthy habits that can last a lifetime. This helps them maintain an active lifestyle and understand the importance of taking care of their body and mind.
2. **Discipline and Responsibility:** The study of sport instills values of discipline and responsibility in students. Through regular training and practice, students learn the importance of dedication, perseverance and commitment to achieve their sporting goals. They also develop time management skills and the ability to take on responsibilities both individually and as a team.
3. **Teamwork and collaboration:** The study of sport encourages teamwork and collaboration among students. Through participation in team sports and group activities, students learn to communicate effectively, trust their peers, and work together to achieve a common goal. This helps them develop interpersonal skills and appreciate the importance of cooperation and mutual support.
4. **Leadership and decision-making:** The study of sport promotes the development of leadership and decision-making skills in students. Through leadership roles on sports teams and planning game strategies, students learn to make informed decisions, motivate their teammates, and take responsibility for their actions. This helps them develop self-confidence and prepare for leadership roles in the future.
5. **Critical thinking and problem solving:** The study of sport encourages critical thinking and problem solving in students. Through the analysis of game tactics, performance evaluation and planning of training

programmes, students develop analytical skills and the ability to find creative solutions to sporting challenges. This helps them apply critical thinking in other areas of their academic and personal lives.

6. Appreciation of diversity and inclusion: The study of sport fosters an appreciation of diversity and inclusion in students. Through participation in sport with peers of different backgrounds and abilities, students learn to value diversity and respect individual differences. This helps them develop an inclusive mindset and promote an environment of respect and support in their communities.

In summary, the study of sport has a positive impact on students by promoting health and wellbeing, discipline, teamwork, leadership, critical thinking and appreciation of diversity. These core values, based on the values of Pearson Edexcel's Level 3 BTEC Sport, are essential to the holistic development of students and provide them with a solid foundation to explore and pursue careers in sport and beyond.

In our Erdkinder programme, we complement the Pearson curriculum with activities adapted to each student's needs, including creative workshops, project-based learning, practical life skills, cooking, meditation, calisthenics, hiking, and more.

Cultural education is also essential and is fostered through expert talks, film forums, museum visits, and both classical and contemporary artistic activities.

See below the section "Erdkinder"

Professional outings

The BTEC Level 3 Sport qualification prepares students for a variety of careers in sport-related fields.

Some of the career areas they can access include sports training, exercise physiology, sports management, sports nutrition, injury rehabilitation and many other sporting disciplines. In addition, studying Sport also provides transferable skills, such as teamwork, communication and problem-solving, which are valuable in any professional field.

It is important to note that this list is not exhaustive and there are many other sports-related careers that can be considered.

Subjects

Some of the subjects you will study in the Edexcel Pearson BTEC Level 3 Sport are:

- Health, Wellbeing and Sport
- Careers in the Sport and Active Leisure Industry
- Research Project in Sport
- Applied Sports Anatomy and Physiology
- Nutrition for Physical Performance
- Sports Psychology
- Sports Development
- Practical sports performance

These subjects, and others, can help students develop skills and knowledge in different areas of the world of sport and prepare them for a career in this ever- growing field.

More information

For further insights into the curriculum based on Pearson standards for this program, [click here](https://www.montessoribritish.com).

Equivalences of studies

The BTEC Level 3 is an official British qualification with equivalence to A Levels (British Baccalaureate).

This Level 3 BTEC is divided into different stages that can be extended and continued after secondary education with Level 4.

Assessment is based entirely on coursework, focusing on practical projects, portfolio development, and creative outcomes.

Grade	It is equivalent to	Course
Foundation Diploma	1,5 A Levels	Year 12
Extended Diploma	3 A Levels	Year 13

The equivalences are not cumulative. Upon completion of the Foundation Diploma, students obtain a qualification equivalent to 1.5 A Levels. If they continue to Year 13, they will obtain the Extended Diploma, equivalent to 3 A Levels.

Equivalences can only be combined by taking different BTECs (e.g., two Foundation Diplomas in different subjects).

It is necessary to complete the Foundation Diploma in order to progress to the Extended Diploma.



MONTESSORI BRITISH

Montessori British is a centre that offers various virtual, residential and in-person programmes, with physical locations in Omagh (UK) and Murcia (Spain).

Accredited by Pearson Edexcel, it was founded by Mercedes Gil in 2014 and its Head of Studies is Azucena Caballero, co-founder of Pedagogía Blanca.

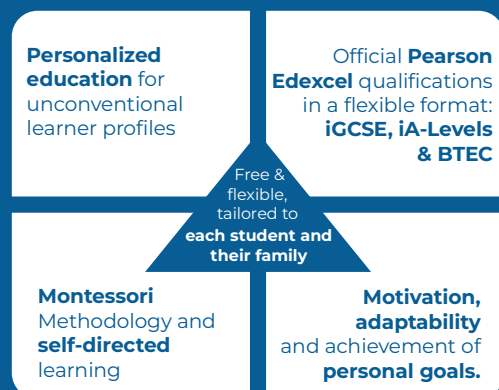
The school's main objectives include offering an alternative, free and flexible system that adapts to the needs of students and their families.

We bring an innovative and personalized programs for students who approach education in an unconventional way. Our typical students are digital nomads, world-traveling families, athletes, artists, gifted students, homeschoolers, and worldschoolers.

We offer the world-renowned Pearson Edexcel qualifications (iGCSE, iA-Levels and BTECS) which can be prepared independently, as private candidates at our official exam centre (in Murcia, Spain), online or in a hybrid mode from one of our Montessori Residences (Erdkinder), and a Montessori Primary programme based on the UK National Curriculum.

Our methodology includes tools from Montessori Pedagogy, the Agile model, self-directed learning, self-education, creativity and a global mindset. We want our students to achieve everything they set out to do: go to university, start their own successful businesses, pursue a professional or artistic career or work for the best companies in the world.

We can help restore confidence and motivation for studies. Geographical relocation, chronological freedom, adaptation to cognitive styles. We know that each student is different and we will adapt as much as possible the elements necessary to obtain a qualification that allows you to achieve everything you set out to do.





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PEARSON EDEXCEL

As a Pearson Edexcel authorized center, we have several levels of studies, which although we consider independent of age, have the equivalence with the Spanish system:

- iGCSE - we prepare subjects for secondary school approval, focusing on the most important content to ensure maximum results in the shortest possible time. Spanish, English, Mathematics, Geography and Science.
- iAlevels - we prepare you to obtain the equivalence to the Baccalaureate and access university courses all over the world. To access Spanish universities, it is necessary to obtain accreditation through Unedassis and, depending on the studies, perhaps take a general entrance exam from the British system (a simplified selectivity) or a specific one from the university of choice.
- iBTEC - we teach Business and Technology Education Council courses across a range of subjects and levels.

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Programa Nomad+ (Online)

Our Nomad+ program allows you to travel and move around the world while maintaining your school relationships and personalized curriculum, without having to change schools, classmates, teachers, etc.

Putting the student at the center, we believe that the curriculum should be personalized and independent of age, sex, location, etc.

We offer online lessons in the morning and afternoon, depending on the program, between 1 and 5 lessons per day (in blocks of about 50 minutes). Our teachers are trained to achieve meaningful learning in students.

Students are involved in interesting and purposeful projects, they can progress independently but do not have homework or exams as a central part of the assessment.

The language of instruction is English in most programs, but we can also integrate Spanish and a multilingual platform.

Classes are held online, daily, and allow students to have the same group of classmates, teachers, progress monitoring, curriculum, etc. wherever they are: traveling, in a residence far from the school, in our Erdkinder...

No problem!



Erdkinder (Montessori Residence)

Erdkinder is a German term that refers to an education based on nature and real life, which focuses on the real needs of adolescents. It means "Children of the Earth" and Montessori chose it for the Secondary School program because of the idea of working productively, with the hands, with effective and real work.

Our Erdkinder is a secondary education programme that focuses on practical education and nature, and takes place in an outdoor environment, at our physical centres in the United Kingdom or Spain.

Among the reasons why we know that the Erdkinder program is the perfect complement to the academic and professional training we offer, are:

- **Development of practical skills:** Practical skills are acquired that are important in real life, such as farming, cooking, carpentry, gardening, mechanics, electricity, etc. These skills can help one become more independent and self-sufficient.
- **Fostering Responsibility:** Everything is geared towards being responsible for one's own learning and well-being. The program provides the opportunity to make decisions and assume responsibilities that are essential for one's own growth and development.
- **Social development:** Students work in teams and learn to collaborate with others to carry out projects. They also learn to respect and care for the environment and natural resources, which helps them develop a social and environmental awareness, and to find their purpose in life and to orient themselves at all levels: professional and personal.



Erdkinder (Montessori Residence)

- Practical and meaningful learning: The foundation is learning by doing and experiencing. The program focuses on practical experience and meaningful learning, which means that adolescents learn in a way that makes sense to them and that they can apply to their everyday lives.
- Emotional development: Responsible freedom implies greater self-confidence. Our students also learn to manage stress and anxiety, and develop a greater ability to cope with life's challenges and problems.



Hybrid model

Montessori British's hybrid classroom model combines the best of in-person and online education to provide students with a comprehensive and flexible educational experience. This approach is tailored to students' individual needs and preferences, allowing them to get the most out of their learning.

In the hybrid class model, students have the option to attend in-person classes at the Montessori British educational center or participate in online classes from the comfort of their home. This flexibility allows students to adapt their schedule and learning environment to their personal needs.

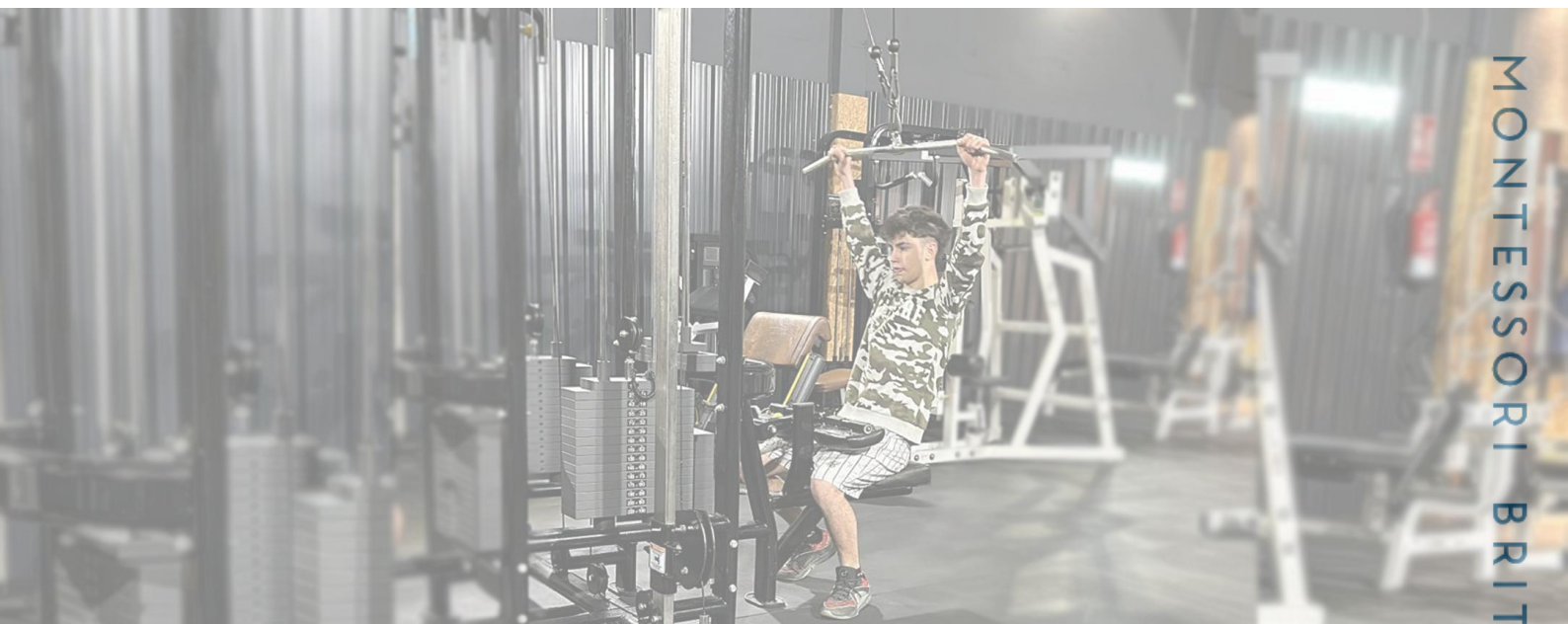
During in-person classes, students have the opportunity to interact directly with their peers and participate in hands-on activities.

Furthermore, the Montessori British hybrid classroom model focuses on the comprehensive development of students, not only in the academic aspect, but also in the development of practical, emotional and social skills. Project-based learning, problem solving and creativity are promoted.

In summary, Montessori British's hybrid classroom model combines the best of in-person and online education to provide students with a flexible and personalized educational experience. This approach is based on the principles of Montessori pedagogy and promotes the holistic development of students, adapting to their individual needs and encouraging their autonomy and collaboration.



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