

**BTEC
INTERNATIONAL
LEVEL 2 IN**

SPORT DEPORTE

MONTESSORI BRITISH



**MONTESSORI
BRITISH**



**Pearson
Edexcel**

Approved Centre

Introduction

Pearson Edexcel's BTEC Level 2 Sport is a qualification designed for learners interested in exploring and developing their knowledge and skills in the field of sport and physical activity.

This programme provides a solid foundation in the principles of sport, combining theory and practice to prepare students for future educational and career opportunities in the sport sector.

Qualification to develop a professional career

Available at Levels 2 and 3, the BTEC in Sport from Pearson Edexcel offers students the opportunity to explore and develop their sporting skills in a variety of areas.

This qualification provides a solid foundation in sporting theory and practice, fostering a passion for sport, critical thinking, collaboration and an appreciation of physical activity.

It is an ideal programme for those wishing to pursue a career in sports-related fields, as well as for those wishing to develop transferable skills in the professional field.

Montessori British offers this Pearson Edexcel qualification to be taken online or at our in-person centre (UK or Spain), where we have an Erdkinder or Montessori residence, with very limited places.

In our residences, we combine the academic part and technical training in the discipline with the acquisition of practical life skills, promoting independence, initiative, creativity and human values

Transferable skills

In recent years, higher education institutions and employers have consistently highlighted the need for students to develop a range of transferable skills that will enable them to respond confidently to the demands of university studies and the world of work.

The Organization for Economic Cooperation and Development (OECD) defines skills or competencies as "the set of knowledge, attributes and abilities that can be learned and that allow individuals to successfully and consistently perform an activity or task and that can be developed and expanded through learning."

Cognitive, intrapersonal and interpersonal skills are developed along with reading, writing and calculation skills.

The competencies have been interpreted for this option to ensure that they are appropriate for the subject. All competencies listed are evident or accessible in the teaching, learning and/or assessment of the qualifications.

These transferable skills that we develop together with the technical content are classified as: cognitive, intrapersonal and interpersonal.

Within the COGNITIVE skills, we have:

- Cognitive Strategies and Processes
 - Critical thinking
 - Troubleshooting
 - Analysis
 - Reasoning/Argumentation
 - Interpretation
 - Decision making
 - Adaptive learning
 - Executive function
- Creativity
 - Inventiveness
 - Innovation

On the other hand, we have the INTRAPERSONAL skills:

- Intellectual Openness
 - Adaptability
 - Social and Personal Responsibility
 - Continuous Learning
 - Curiosity
 - Intellectual Interest
- Work Ethic/Self-Awareness
 - Initiative
 - Self-management
 - Responsibility
 - Perseverance
 - Productivity
 - Metacognition
 - Ethics
 - Integrity
- Intrinsic Motivation
 - Self-assessment
 - Self-reinforcement
 - Life Purpose
- And finally, the INTERPERSONAL skills we work on are:
 - Teamwork and Collaboration
 - Communication
 - Collaboration
 - Agile Model
 - Cooperation
 - Interpersonal Skills
 - Empathy/Perspective taking
 - Negotiation
 - Leadership
 - Responsibility
 - Assertive Communication
 - Self-image

Comprehensive education

The study of sport at secondary level, based on the values of Pearson Edexcel's BTEC Level 2 Sport, has a significant impact on the all-round development of students.

This educational approach not only improves physical skills, but also fosters essential values that contribute to students' personal and academic growth. Below are some of the positive effects of studying sports on high school students:

1. **Health and well-being:** The study of sport promotes an active and healthy lifestyle among students. Through participation in regular physical activities, students learn the importance of exercise for physical and mental well-being. This helps them develop healthy habits that can last a lifetime, improving their quality of life and reducing the risk of diseases related to a sedentary lifestyle.
2. **Discipline and Responsibility:** Participating in sports programs teaches students the importance of discipline and responsibility. Through consistent practice and adherence to training schedules, students learn to manage their time effectively and commit to their goals. These values are transferable to other areas of their academic and personal lives.
3. **Teamwork and collaboration:** Sport is an excellent platform for developing teamwork and collaboration skills. Students learn to communicate effectively, trust their peers, and work together to achieve common goals. These experiences foster mutual respect and appreciation for the diversity of skills within a team.
4. **Leadership and decision-making:** Through sport, students have the opportunity to develop leadership and decision-making skills. Whether leading a team or making strategic decisions during a game, students learn to take on leadership roles and make informed decisions under pressure. This helps them gain confidence in their abilities and prepare for future leadership roles.

5. Resilience and stress management: Sport teaches students to face challenges and manage stress effectively. Through competition and overcoming obstacles, students develop resilience and learn to persevere in the face of difficulties. These skills are essential for dealing with academic and personal challenges that may arise in the future.
6. Appreciation of diversity: Participating in sports exposes students to peers from different backgrounds and abilities, fostering an appreciation of diversity and inclusion. Students learn to value individual differences and work in an inclusive environment, which enriches their educational and social experience.

In summary, the study of Applied Science promotes curiosity, discipline, critical thinking, and evidence-based reasoning. These values are essential for the holistic development of students and provide a strong foundation for careers in science-related fields and beyond.

In our Erdkinder programme, we complement the Pearson curriculum with activities adapted to each student's needs, including scientific workshops, project-based learning, practical life skills, cooking, meditation, calisthenics, hiking, and more.

Cultural education is also essential and is fostered through expert talks, science forums, visits to relevant institutions, and both classical and contemporary scientific activities.

See below the section "Erdkinder"

Professional outings

The BTEC Level 2 Sport qualification prepares students for a variety of career paths in sport. Some of the career areas they can pursue include assistant coach, sports activities manager, sports management assistant and roles in the fitness and wellbeing sector.

In addition, the programme provides a solid foundation for those wishing to continue their studies at higher levels, such as the BTEC Level 3 Sport.

It is important to note that this list is not exhaustive and there are many other science-related careers that can be considered.

Subjects

Some of the subjects you will study in the Edexcel Pearson BTEC Level 2 Sport are:

- Principles of Fitness and Fitness Testing
- Training for Personal Fitness
- Business Skills in Sport
- Practical Sport
- Leadership in Sport
- Anatomy and Physiology for Sport
- Nutrition for Sports Performance
- Exercise and Fitness Instructions

These subjects, and others, can help students develop skills and knowledge in different areas of the world of sport and prepare them for a career in this ever- growing field.

More information

For further insights into the curriculum based on Pearson standards for this program, [click here](https://www.montessoribritish.com).

Equivalences of studies

BTEC Level 2 is an official British qualification with GCSE equivalencies (British secondary education).

This Level 2 BTEC is divided into several grades that can be extended later and continued during high school with Level 3.

Assessment is primarily based on coursework and project work, with a strong emphasis on practical application, creative development, and continuous assessment rather than final exams.

Grade	It is equivalent to	Course
Award	1 GCSE	Year 9
Certificate	2 GCSE	Year 10
Extended Certificate	3 GCSE	Year 11

The equivalences are not cumulative. For example, completing the Award gives a qualification equivalent to 1 GCSE, while completing the Extended Certificate gives the full equivalence of 3 GCSEs.

It is not mandatory to take the Award before the Certificate, but progression to the Extended Certificate requires completion of the Certificate.



MONTESSORI BRITISH

Montessori British is a centre that offers various virtual, residential and in-person programmes, with physical locations in Omagh (UK) and Murcia (Spain).

Accredited by Pearson Edexcel, it was founded by Mercedes Gil in 2014 and its Head of Studies is Azucena Caballero, co-founder of Pedagogía Blanca.

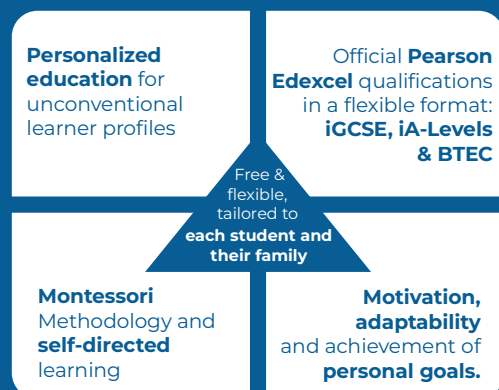
The school's main objectives include offering an alternative, free and flexible system that adapts to the needs of students and their families.

We bring an innovative and personalized programs for students who approach education in an unconventional way. Our typical students are digital nomads, world-traveling families, athletes, artists, gifted students, homeschoolers, and worldschoolers.

We offer the world-renowned Pearson Edexcel qualifications (iGCSE, iA-Levels and BTECS) which can be prepared independently, as private candidates at our official exam centre (in Murcia, Spain), online or in a hybrid mode from one of our Montessori Residences (Erdkinder), and a Montessori Primary programme based on the UK National Curriculum.

Our methodology includes tools from Montessori Pedagogy, the Agile model, self-directed learning, self-education, creativity and a global mindset. We want our students to achieve everything they set out to do: go to university, start their own successful businesses, pursue a professional or artistic career or work for the best companies in the world.

We can help restore confidence and motivation for studies. Geographical relocation, chronological freedom, adaptation to cognitive styles. We know that each student is different and we will adapt as much as possible the elements necessary to obtain a qualification that allows you to achieve everything you set out to do.





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As a Pearson Edexcel authorized center, we have several levels of studies, which although we consider independent of age, have the equivalence with the Spanish system:

- iGCSE - we prepare subjects for secondary school approval, focusing on the most important content to ensure maximum results in the shortest possible time. Spanish, English, Mathematics, Geography and Science.
- iAlevels - we prepare you to obtain the equivalence to the Baccalaureate and access university courses all over the world. To access Spanish universities, it is necessary to obtain accreditation through Unedassis and, depending on the studies, perhaps take a general entrance exam from the British system (a simplified selectivity) or a specific one from the university of choice.
- iBTEC - we teach Business and Technology Education Council courses across a range of subjects and levels.

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Programa Nomad+ (Online)

Our Nomad+ program allows you to travel and move around the world while maintaining your school relationships and personalized curriculum, without having to change schools, classmates, teachers, etc.

Putting the student at the center, we believe that the curriculum should be personalized and independent of age, sex, location, etc.

We offer online lessons in the morning and afternoon, depending on the program, between 1 and 5 lessons per day (in blocks of about 50 minutes). Our teachers are trained to achieve meaningful learning in students.

Students are involved in interesting and purposeful projects, they can progress independently but do not have homework or exams as a central part of the assessment.

The language of instruction is English in most programs, but we can also integrate Spanish and a multilingual platform.

Classes are held online, daily, and allow students to have the same group of classmates, teachers, progress monitoring, curriculum, etc. wherever they are: traveling, in a residence far from the school, in our Erdkinder...

No problem!



Erdkinder (Montessori Residence)

Erdkinder is a German term that refers to an education based on nature and real life, which focuses on the real needs of adolescents. It means "Children of the Earth" and Montessori chose it for the Secondary School program because of the idea of working productively, with the hands, with effective and real work.

Our Erdkinder is a secondary education programme that focuses on practical education and nature, and takes place in an outdoor environment, at our physical centres in the United Kingdom or Spain.

Among the reasons why we know that the Erdkinder program is the perfect complement to the academic and professional training we offer, are:

- **Development of practical skills:** Practical skills are acquired that are important in real life, such as farming, cooking, carpentry, gardening, mechanics, electricity, etc. These skills can help one become more independent and self-sufficient.
- **Fostering Responsibility:** Everything is geared towards being responsible for one's own learning and well-being. The program provides the opportunity to make decisions and assume responsibilities that are essential for one's own growth and development.
- **Social development:** Students work in teams and learn to collaborate with others to carry out projects. They also learn to respect and care for the environment and natural resources, which helps them develop a social and environmental awareness, and to find their purpose in life and to orient themselves at all levels: professional and personal.



Erdkinder (Montessori Residence)

- Practical and meaningful learning: The foundation is learning by doing and experiencing. The program focuses on practical experience and meaningful learning, which means that adolescents learn in a way that makes sense to them and that they can apply to their everyday lives.
- Emotional development: Responsible freedom implies greater self-confidence. Our students also learn to manage stress and anxiety, and develop a greater ability to cope with life's challenges and problems.



Hybrid model

Montessori British's hybrid classroom model combines the best of in-person and online education to provide students with a comprehensive and flexible educational experience. This approach is tailored to students' individual needs and preferences, allowing them to get the most out of their learning.

In the hybrid class model, students have the option to attend in-person classes at the Montessori British educational center or participate in online classes from the comfort of their home. This flexibility allows students to adapt their schedule and learning environment to their personal needs.

During in-person classes, students have the opportunity to interact directly with their peers and participate in hands-on activities.

Furthermore, the Montessori British hybrid classroom model focuses on the comprehensive development of students, not only in the academic aspect, but also in the development of practical, emotional and social skills. Project-based learning, problem solving and creativity are promoted.

In summary, Montessori British's hybrid classroom model combines the best of in-person and online education to provide students with a flexible and personalized educational experience. This approach is based on the principles of Montessori pedagogy and promotes the holistic development of students, adapting to their individual needs and encouraging their autonomy and collaboration.



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